## HOW TO USE THIS MANUAL

This manual can be used as a reference or learning tool by the master trainers to obtain further specialist knowledge of the field as well as to educate the community further. The training course suggested here may be organized individually or can be integrated with other basic or refresher training courses.

## General instruction for the trainers

- Please read the entire manual thoroughly before conducting the training
- Plan and prepare visual aids for the training
- Arrange all required stationery/supplies for practice sessions
- Use local resources for materials production
- Activate each participant in group work
- Give adequate time for exercise
- Spend time for review during the training course

At the end of each section, a set of summary points has been provided to assist the reader in reviewing the section or in getting an idea of the contents of the section.

Text boxes have been used extensively throughout the manual. The boxes contain excerpts from case studies, practical 'to do' activities, tips and facts related to the section material and are intended to present the material in the body of the manual to be interactive.